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|  | **School Lunch Menu**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 1**  **30/8**  **27/9**  **25/10**  **22/11**  **20/12** | **Spaghetti Bolognaise & Homemade Garlic Bread Or Breaded Fish Fingers**  **Baton Carrots**  **Medley of Fresh Vegetables**  **Mashed Potato**  **Egg Sponge with Jam Topping & Custard** | **Breast of Chicken Curry & Rice, Naan Bread Or Chicken & Cheese Melt**    **Garden Peas**  **\*Salad Selection**  **Mashed Potato, Baby Boiled Potatoes**  **Vanilla Ice Cream, Oranges & Chocolate Sauce** | **Homemade Breaded Chicken Goujons Selection of Dipping Sauces Or Spicy Chicken Fajita with Warm Tortilla wrap**  **Sweetcorn, \*Salad Selection**  **Mashed Potato, Hot Pasta Twists**  **Fresh Fruit Selection and Fresh Yoghurt** | **Roast Pork Or**  **Roast Chicken**  **Herb Stuffing, Gravy**  **Fresh Baton Carrots**  **Broccoli Florets**  **Mashed Potato**  **Rice Krispie Square & Custard** | **Hot Dog Or**  **Ciabatta Pizza Slices**  **Baked Beans**  **Peas**  **\*Tossed Salad**  **Chips, Mashed Potato**  **Oat Biscuits & Fresh Fruit Chunks** |
| **WEEK 2**  **6/9**  **4/10**  **1/11**  **29/11** | **Chicken Chow Mein Or**  **Steak Burger**  **Gravy**  **Broccoli Florets**  **Fresh Baton Carrots**  **Mashed Potato**  **Chocolate Brownie, Pears & Ice Cream** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or**  **Homemade Margherita Pizza**  **Garden Peas, Tossed Salad**  **Pasta Twists**  **Homemade Shortbread Rounds & Custard** | **Cheesy Bolo Pasta Or**  **Fresh Breaded Fish Goujons**  **with lemon slice, Tartar Sauce**  **Baked Beans, Garden Peas Sweetcorn, \*Salad Selection**  **Mashed Potato**  **Strawberry Jelly & Ice Cream with Fresh Fruit** | **Roast Breast of Chicken Or Chicken Crumble**  **Herb Stuffing**  **Gravy**  **Cauliflower Cheese**  **Fresh Diced Carrots / Parsnip, Mashed Potato**  **Vanilla Sponge & Custard** | **Chicken Nuggets Or**  **Hot Thai flavoured Chicken Wrap**  **Salsa Dip, Sweetcorn**  **\*Salad Selection**  **Chips**  **Baked Potato**  **Selection of Fruit and Yoghurt** |
| **WEEK 3**  **13/9**  **11/10**  **8/11**  **6/12** | **Italian Pasta Bolognaise Or**  **Breaded Fish Fingers**  **Baked Beans, Sweetcorn**  **Broccoli Florets**  **Mashed Potato**  **Chocolate and Orange Egg Sponge & Custard** | **Mac & Cheese Or**  **Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces**  **Baton Carrots, \* Salad Selection Chips, Mashed Potato**  **Raspberry ripple Ice Cream Tub Fresh Fruit Chunks** | **Mexican Enchilada Or**  **Oven Baked Sausage**  **Garden Peas**  **Mediterranean Roasted Vegetables, Mashed Potato**  **Baby Boiled Potatoes**  **Fresh Fruit Selection and Fresh Yoghurt** | **Chicken Panini Or**  **Roast Turkey**  **Herb Stuffing**  **Cranberry Sauce, Gravy**  **Fresh Carrot or Parsnip**  **Fresh Savoy Cabbage**  **Mashed Potato, Hot Pasta Shells**  **Cornflake Square & Custard** | **Traditional Homemade Chicken or Smooth & Hearty Vegetable Soup**  **Steak Burger in Bap,**  **Or Bang Bang Chicken in Hot Baguette**  **Mashed Potato, Tossed Salad**  **Selection of breads**  **Strawberry Mousse & Fresh Fruit Salad** |
| **WEEK 4**  **20/9**  **18/10**  **15/11**  **13/12** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or**  **Chicken & Broccoli Bake**  **Garden Peas**  **Fresh Savoy Cabbage**  **Gravy**  **Mashed Potato**  **Lemon Drizzle Cake & Custard** | **Chicken Stir Fry & Noodles**  **Or**  **Oven Baked Sausage**  **Baked Beans**  **Sweetcorn**  **Baton Carrots**  **Mashed Potato**  **Flakemeal Biscuit Fingers, Fruit & Custard** | **Roast Breast Chicken Or**  **Beef Stew**  **Herb Stuffing**  **Gravy**  **Diced Turnip**  **Fresh Baton Carrots**  **Mashed Potato**  **Chocolate Brownie & Custard** | **Spaghetti Bolognaise Or**  **Fresh Breaded Fish Fillets Or Salmon fish cake**  **Lemon Slice and Tartar Sauce,**  **Broccoli &**  **Cauliflower Florets**  **Mashed Potato**  **Selection of Fruit and Yoghurt** | **Homemade Margherita Pizza**  **Or Marinated Chicken Fillets with warm Tortilla Wraps**  **\* Salad Selection**  **Sweetcorn**  **Traditional Champ**  **Chips**  **Artic Roll & Fruit Chunks** |

*Rice, Pasta, Potatoes and Gravy can be served Daily Menu choices subject to deliveries*

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***\*2 Items from Cook’s Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Carrot Sticks***

***Cucumber Sticks***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***

***Fresh Fish May Contain Bones***